

Safer Sex Packs

Available for both boys and girls, our complementary safer sex packs have all the condoms, lubes, gloves and dams to help keep you having the safer sex you deserve.

These handy packs can also be found in local LGBT venues

Stay Updated

Catch up with the latest news on our sexual health clinics, health campaigns, events and scene news via Twitter and Facebook.

 Over the Rainbow

 otrbournemouth



Contact Us

Advice: 07788 415 522

Appointments: 01305 762682

Email: overtherainbow2@dchft.nhs.uk

Web: www.rainbowbournemouth.co.uk

Sexual Health Clinic

Wednesday
11:30 am – 6:30 pm

The Shores
5 Madeira Road
Bournemouth
BH1 1QQ

www.nhs.uk

One 2 One

Tuesday & Thursday

AddAction
1A Station Approach
Ashley Road
Bournemouth
BH1 4NB



About us

Over the Rainbow is an NHS Initiative for the local Lesbian, Gay, Bisexual and Transgender (LGBT) Community



We offer advice, support and information for individuals and their families with issues relating to:

- Sexuality
- Sexual Health
- Sexual Identity
- HIV

Working closely with local agencies, we also host a variety of support and social groups. Visit our community notice board or check out our website for more information.

The clinic

Our sexual health clinic runs every Wednesday on a booked appointment basis from 11:30 am to 6:30 pm. This can be arranged with the centre by phone.

The clinic is staffed by NHS health care professionals. We are able to offer you private and confidential screening for:

- Chlamydia
- Gonorrhoea
- Syphilis
- HIV
- HEP B
- HEP C

Additionally we offer:

- Post exposure prophylaxis
- Hepatitis B vaccinations
- Sexual health advice
- Risk reduction
- Free condoms, dams & lube

Results are usually available within 7 to 10 working days and can be sent to you via text message.

Training & Education

Our excellent track record speaks for itself. We are available for one-to-one and group training for schools, colleges, universities and professional organisations.

Our flexible education packages can be tailor made to suit your individual training needs and objectives. We can provide assistance with the following subject areas:

- Testicular Self Examination
- Young Parenthood
- Relationships
- LGBT Lifestyle
- Trans Awareness
- Homophobia
- Bullying
- Sexual Health & STIs
- HIV

The outreach health promotion team are also available for events such as:

- Health road shows
- Freshers' Fairs
- Festivals